Before you register for The Diabetes Weigh for Type 2 or Moving Forward with Type I get to know more about your insurance coverage for Diabetes Self-Management Education (DSME).

To find out if your healthcare insurance covers these programs follow the steps below:

1. Call your insurance company and ask the five following questions:
   a. Ask: “Do I have coverage for G0109” (G0109 is the billing code for Diabetes Self-Management Education -DSME)
   b. “How many hours or visits am I covered for?”
   c. “Do I have a co-pay for DSME?
   d. “What is my co-pay for each visit?”
   e. “Do I have a deductible?”
   f. “Is Cooper Diabetes Education in network?

Our Tax ID is: 223487144

2. You will need a prescription to come to DSME.

Everyone needs to have a script for DSME. Call your healthcare provider and get a script for DSME.

If you have an HMO, you will need a script and an HMO insurance referral from your primary. Call your primary to request a script and a referral to your insurance.

3. Call Barbara at 321-0012 to make an appointment.

We offer morning, afternoon and evening classes - new classes begin each month.

Know your insurance coverage to make wise financial decisions for your health. The following information is a quick lesson in insurance coverage for DSME.

Diabetes Self-Management Education (DSME) is covered by most insurances.

G0109 is the billing code for DSME. Medicare covers 10 hours of training. You will learn how many hours or visits your insurance covers. The Diabetes Weigh is a 5 class program. Moving Forward for Type 1 is a 4 class program. So you may need a co-pay for each class. In addition, your insurance may have a yearly payment called a deductible. Some insurances have a $450 deductible, others may have a $6000 deductible. A deductible is paid in the beginning of the year before your insurance will pay for any services.